

Amanda Xulu

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Career Objective

I am a proactive, self-motivated, and enthusiastic professional. I am eager to exercise the knowledge I have obtained from my previous experience, while contributing to health education. I am more than capable of leading a team and I do thrive when working in challenging environments. I possess great interpersonal communication skills and manage work relationships well.

Education

- **Adult Primary Care certificate**
www.knowledgehub.gov.za
- **NIMART certificate**
Clinical Care Platform
- **Clinical Management of Oral Prep**
www.myprep.co.za
- **Sexual Reproductive Health and Rights**
www.knowledgHub.gov.za
- **Diploma in General Nursing (R683)**
Gandhi Mandela Nursing Academy
- **Enrolled Nurse (R2598)**
Ekukhanyeni Nursing School
- **Senior Certificate**
Estcourt High School

Work Experience

September 2024- Present

The Aurum Institute- Durban

Professional Nurse: TB

- Assist in co-ordination and management of QI projects within the facility, providing hands on gaps analysis.
- Generate innovative QI ideas for mentors and facilities
- QI record keeping
- Ensure the management of TB patients efficiently according to DOH guidelines.
- Providing direct service delivery to update data recording systems and linkage to care.
- Improve quality standards for recording, reporting of TB data in the facility
- Ensure patients who are diagnosed with TB in the facility are registered.
- Coordinate down referral pf patients diagnosed in the facility and follow up to confirm that they have started on Tb treatment and that close contacts are traced.
- Supervising and monitoring capturing of TB data in the information system by the data capturer.
- Validate and strengthen collated data in the TB identification register for facility reporting.
- Compile quarterly reports for SR program manager and district HAST manager
- Liaise with internal and external stakeholders.
- Coordinate TB activities in the facility in collaboration with the management team.
- In-service training to DOH TB focal staff on new and updated guidelines
- Working closely with Information Officers
- In depth analysis of TB indicators
- Collecting DHIS data at facility level
- Promote the provision of treatment for latent TB infection in eligible patients
- Participate in district quarterly TB and data review meetings.
- Provide and coordinate TB specific training through coaching and mentoring based on the need.

October 2023 – 02 April 2024

NACOSA Imagine Programme- Newcastle

Professional Nurse: NIMART

- Leading and managing the Clinical team in the Newcastle district.
- Recognise clinic training needs and ensure they get relevant training to improve their performance by assisting the staff register for online training where would like to improve.
- Roving to four schools on clinic days to offer clinical services needed by the young girls.
- Working with adolescent teens in the community and providing PHC mobile services like pregnancy testing, contraceptives, HIV testing, PrEP initiations, ART initiation and ANC linkage to the local clinic.
- Organise campaigns outreach programmes in the schools according to the health calendar.
- Initiate HIV positive tested clients on ART and intensive health education on the importance of ART adherence.
- Identify patients who are due for viral load tests at six and 12 months, according to the project and ART guidelines.
- Identify and document good facility practices from implemented Quality Improvement Plan (QIP) activities.
- Maintain stock management processes and capture monthly stock cycle counts.
- Maintain emergency box following SR policies and procedures.
- Collect blood and other specimens for clinical analysis, evaluation, and/or diagnostic purposes.
- Recognizing the need for action, considering possible risks, and taking responsibility for results.
- Making decisions timeously and taking responsibility for the consequences.
- Plan, organize, and control the work environment by setting appropriate priorities and achieving set objectives within a given time frame.
- Identify and respond to the needs of the Organization.
- Improve systems and processes to facilitate continuous improvement.
- Refer clients who test HIV positive to supporting partners and DOH for Tier.net
- Creating a database for client follow-up and tracing missed appointments.
- Drive mobile vehicles to sites within the district to render clinical services to clients in need of them.
- Submit daily, weekly, and monthly data internally and to the facility.
- Weekly reporting to the Imagine Programme Management on the services rendered and reporting of any challenges.
- Entering the information of all services rendered on the Programme system according to company policies.
- Assist in developing, finding and improving any documents to help make record keeping easier for the programme.

May 2023- October 2023**NACOSA Imagine Programme- Newcastle****Roving Nurse**

- Support to the Professional Nurse working under their supervision to support their role.
- Roving to different sites(schools) to offer health services to the Adolescent teens' girls in the programme at their respective schools.
- Offer these services TB screening, HIV testing services, pregnancy testing confirmation, PrEP counselling and education under the supervision of the Professional Nurse.
- Assist with outreach programmes and holiday programmes to create awareness for the young girls.
- Assist with stock management, delivering stock to Safe Spaces equally and keeping record of stock levels.
- Assist with creating data base of learners for their follow-up dates and tracing missed appointments.
- Ensuring a relationship with the local clinics is kept with regards to stocking up any equipment or medication needed as well as submitting the weekly stats needed for the services.
- Working within the Company policies and the department of health policies.

February 2021 – August 2022**ANOVA Health Institute- Ratanda Community Clinic- Heidelberg****Enrolled Nurse:**

- Keeping record and ensuring Viral suppression in the patients of the community clinics well as educating on the importance of Viral suppression
- Referring unsuppressed patients to the Professional Nurse for further management
- Deliver quality nursing care in collaboration with the multi-disciplinary team
- Identify, prevent and report risks to ensure patient safety
- Facilitate a positive patient experience by creating a conducive environment
- Participate in creating learning environment that builds staff competence
- Family planning-short acting (condoms, contraceptive injections, contraceptive pills)
- Ensure that all utilized stock and equipment are accurately charged
- Phlebotomy duties as well as liaising with the laboratory for results
- Provide daily, weekly and monthly reports to manager for statistic and research purposes
- Demonstrate effective communication with patients, supervisors and other clinicians by including report writing

- Health education on TB, HIV/AIDS, teenage pregnancy, community health and the importance of exercising to improve one's life
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Attributes & Competencies

- Knowledge of SANC regulations
 - Knowledge of Planning and organizing
 - Knowledge of Batho Pele principles
 - Work well in a team
 - Proficient Computer literate (MS Word, Email, MS Excel, PowerPoint)
 - Communication skills (written, verbal, and listening)
 - Interpersonal skills
 - Result driven
 - Relation-building skills
 - Supervisory skills
 - Report writing skills
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References

Sir. S. Jengu

Operational Nurse Manager

071 823 6415

Shabirah Adriaanse

NACOSA Clinical Manager

021 552 0804/ 083 564 2054

Sr. M. Tsotetsi

ANOVA Health Institute Regional Manager

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