

EDUCATION

Master's in clinical health psychology | Lithuanian University of Health Sciences | Kaunas | June 2022

Post Graduate Certificate in Education | University of South Africa | Pretoria | November 2018

Bachelor of Social Sciences Honours in Psychology | University of Pretoria | Pretoria | April 2015

Bachelor of Arts in Visual Studies | University of Pretoria | Pretoria | April 2014

SKILLS

- **Empathy and Compassion:** The ability to understand and share the feelings of clients, creating a supportive and trusting environment.
- **Strong Communication Skills:** Effective verbal and written communication to clearly convey guidance, support, and information to clients and other stakeholders.
- **Crisis Intervention Skills:** The ability to quickly and effectively respond to immediate crises, providing necessary support and intervention.
- **Problem-Solving and Analytical Skills:** The capacity to assess clients' needs, identify underlying issues, and develop tailored strategies for long-term recovery.
- **Adaptability and Resilience:** The ability to handle the unpredictable nature of addiction recovery, staying patient and flexible while maintaining a positive and hopeful outlook.
- **Case management:** coordinates personalized care, resources, and support to ensure each client's holistic recovery and smooth transition to post-treatment services.
- **Technology and AI:** I can effectively leverage technology to meet targets and successfully deliver projects."

EXPERIENCE

Specialist Counsellor | Recovery Centre at White River, White River | Current

- Successfully provide Individual session with substance use problem – at least 5 sessions a day.
- A case management for clients in the 3 months or 6 weeks treatment programme –treatment planning, goal setting, containment, relapse prevention plan, career planning, coping skills and stress management in collaboration with various departments.
- Successfully co-facilitate group therapy sessions – process group, mindfulness group, CBT group
- Successfully conduct family sessions to guide and support clients during admission for addiction treatment.

Clinical Health Psychology Practitioner | TAASC Malta, Birkirkara | 09/2022 – 02/2024

- Successfully provided one-on-one therapy sessions based on clients' needs.
- Multi-disciplinary team case discussion.

Junior AML Specialist | Western Union Lithuania, Vilnius | 09/2022 – 05/2023

PATIENCE MOGAKANE

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- Risk assessment of user transactions and account verification.
- Anti-money laundering risk assessment and reporting according to AML policies and procedures.

Psychology Assistant | TAASC Malta, Birkirkara | 08/ 2021 – 12/2021

- Co-facilitated a weekly 90-minute social group for autistic children and a 3-hour weekly dialectical behaviour therapy group
- Successfully conducted multiple intake interviews and played a role in the multidisciplinary meeting case discussions and wrote subsequent case reports.

English Teacher | Canglang Xicheng Experimental Kindergarten, Suzhou | 03/2019 – 04/2020

- I successfully planned curriculum for 26 lessons a week and training camp for the summer.

Administration Clerk | Department of Sports, Arts and Culture, Pretoria| 01/2012 – 012/2020

- I successfully created a database to capture and organize 18,000 job entries, ensuring accurate storage, retrieval, and management of job-related data, including job titles, descriptions, locations, and other relevant details for streamlined analysis and reporting.
- Successfully managed department-funded projects, ensuring targets were achieved in alignment with the department's key performance areas including Africa day projects, youth day projects and other arts related projects.
- Successfully coordinated with various departments and collaborated on national Imbizo events, meetings, and the launches of key national projects.

REFERENCES:

- **Zandile Mpanza, HR Manager at Recovery Center at White River**
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Number: 0829357049
- **Christabel Cutajar, HR manager TAASC Malta**
Contact: Email: christabel.cutajar21@gmail.com
- **Dunisani Chabalala, supervisor Department of Arts, Sport and culture**
Contact: 071 688 2583
- **Dzunisani Shibambu, Love and Hope history research project lead.**
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