



# Cabangile Mdluli

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## Profile

Dedicated social worker with a proven track record of making a positive impact in the lives of individuals and families. Passionate about advocating for vulnerable populations and providing them with the necessary support and resources. Seeking an opportunity to utilize my skills and experience to help empower and uplift those in need.

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## Work Experience

02/2024 – present  
Johannesburg,  
South Africa

### Facilitator BluLever Education

- Facilitated the delivery of learning products, including soft skills, in apprenticeship programs, Leadership Base Camp, and short courses like the Artisan Academy
- Formulated curriculum, devised session plans, and modified content to optimize learning experiences
- Offered extensive student support and maintained a positive student experience at BluLever
- Led interactive training sessions for diverse groups, fostering collaboration and dialogue among participants.
- Developed and implemented customized curriculum to address specific learning objectives and individual needs.
- Coached and mentored individuals to enhance their communication and leadership skills, resulting in increased confidence and effectiveness.
- Facilitated team-building activities and exercises to improve group dynamics and promote a positive work environment.

06/2021 – 01/2024  
Plumstead, South Africa

### Social Worker Home from Home Trust

- Developed and implemented personalized treatment plans for over 50 clients, leading to a 25% increase in successful outcomes and improved overall well-being.
- Provided crisis intervention and support to individuals in high-stress situations, effectively de-escalating conflicts and reducing the risk of harm.
- Collaborated with a multidisciplinary team to coordinate and facilitate weekly group therapy sessions, promoting social skills development and fostering a sense of community among participants.
- Conducted comprehensive assessments and evaluations for new clients, identifying their unique needs and connecting them to appropriate resources and services, resulting in improved access to vital support networks.
- Render social work services according to Home from Home policies, Children's Act & Department of Social Development guidelines
- Manage and maintain the administrative component of social work service delivery. Manage partner and stakeholder relationships through attendance of various forums and meetings.
- Maintain good working relationships with service providers
- Recruit, screen, train, support and supervise foster mothers and assistants

01/2020 – 12/2020  
Cape Town, South Africa

### Academic Subwarden University Of Cape Town

- Collaborated with wardens to ensure the smooth operation and effectiveness of the residence by executing daily routine activities.
- Supported wardens in maintaining discipline, social and academic welfare of

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## Work Experience

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students, and overall control of the residence.

- Created and implemented Residence Life Programmes and Interventions to foster a positive living environment.
- Ensured efficient and professional after-hours and weekend services for residents, including handling emergencies, administering first aid, and reporting incidents.
- Contributed to the orientation of new students, as well as the opening and closing procedures, registration, and de-registration of the residence.

05/2019 – 11/2019

Cape Town, South Africa

### Tutor

#### University of Cape Town

- Enhanced first-year students' comprehension of course materials and problem-solving skills through collaborative assistance.
- Empowered students to effectively apply theoretical concepts by facilitating the acquisition of basic professional interaction skills through meticulous experiential group exercises.

07/2018 – 06/2019

Claremont, South Africa

### Social work intern College of Magic

Worked with learners from the age of 10- 20 years old

Developed a support group for skills development and Emotional intelligence training.

- Assisted in conducting individual and group counseling sessions, utilizing active listening skills to provide emotional support and guidance to clients.
- Collaborated with multidisciplinary teams to develop and implement treatment plans, ensuring comprehensive and personalized care for each client.
- Conducted thorough assessments and evaluations of clients' needs and strengths, contributing to the development of effective intervention strategies.
- Facilitated workshops and educational programs on topics such as mental health awareness and self-care, empowering individuals to develop coping skills and improve overall well-being.

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## Skills

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Empathy

**Professional**

Active listening

**Professional**

Case management

**Professional**

Crisis intervention

**Professional**

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## Strengths

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# Empathy, compassion, understanding   # Active listening, communication  
# Case management, advocacy   # Crisis intervention, problem-solving  
# Cultural competence, diversity   # Assessment, assessment skills   # Networking  
# Organizing successful events

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## Hobbies

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Getting lost in a good book



Capturing moments



Feeling the music



Exersicing in the gym

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## Education

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02/2016 – 12/2019  
Cape Town, South Africa

### **Social Work | Bachelor of Social Work University Of Cape Town**

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## Volunteering

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06/2017 – present  
Cape Town, South Africa

### **Board Member OnSPlek Projects**

- Collaborated with fellow board members to develop strategic plans and policies that aligned with the organization's mission and values, leading to improved overall governance and decision-making processes.
- Actively participated in board meetings and provided valuable insights on financial planning, budgeting, and risk management, contributing to the organization's long-term sustainability and growth.
- Represented the organization at community events and networking opportunities, fostering partnerships with other organizations and stakeholders to enhance the organization's visibility and impact in the community.

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## Awards

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10/2019

### **Leadership award Forest Hill Residence**

- Recognized for consistently fostering safe and inclusive environments within student residences, effectively ensuring the well-being of all residents.
- Demonstrated exceptional leadership skills by setting a strong example and promoting a culture of respect and harmony among students.
- Actively contributed to the development and implementation of initiatives that promoted a sense of belonging and encouraged open communication among residents.
- Successfully established and maintained positive relationships with students, staff, and external stakeholders, resulting in a supportive and cohesive community.

12/2018

### **Dean's Merit List University of Cape Town**

- Achieved multiple academic awards in recognition of outstanding performance
- Demonstrated exemplary academic performance and received prestigious accolades
- Attained a track record of academic excellence through consistent dedication and hard work
- Received numerous honors and awards for exceptional academic achievements
- Recognized for consistently achieving high grades and exceeding academic expectations

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## Certificates

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01/2022

### **Plans for Children in Terms of The Children's ACT Child Protection in Action :Sanet Viljoen**

02/2023

### **Courage to care Kerus Global education**