

# CURRICULUM VITAE OF ROSE THEMBEKILE MASILELA

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**Address:** 54 Duncan Street  
Emalahleni  
Witbank  
1035

**Cell no:** 076 305 7129 / 082 232 8214  
**Email:** [roissymasilela@gmail.com](mailto:roissymasilela@gmail.com)  
**LinkedIn:** <https://www.linkedin.com/in/rose-masilela-685b09203>

## PROFESSIONAL NURSE PROFILE

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Young, dedicated and highly skilled Professional Nurse with over 4 years of experience in managing TB and HIV patients and enhancing patient outcomes. Demonstrated ability to lead and supervise nursing teams, strategize and implement effective. Seeking to leverage my skills in client service, risk management, and stakeholder engagement to support health initiatives and promote positive patient outcome.

## EDUCATION

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|------------------|---|
| 2024 (currently) | <b>Sefako Makgatho Health Sciences University</b> <ul style="list-style-type: none"><li>• Master's in public health</li></ul> |
| 2022             | <b>University of South Africa</b> <ul style="list-style-type: none"><li>• Postgraduate Diploma in Public Health</li></ul>     |
| 2019             | <b>Tshwane University of Technology</b> <ul style="list-style-type: none"><li>• B Tech Nursing Science</li></ul>              |
| 2015             | <b>Hlomani Secondary School</b> <ul style="list-style-type: none"><li>• Matric</li></ul>                                      |

## CERTIFICATES

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| 2024 | <b>Department of Health</b> <ul style="list-style-type: none"><li>• Voluntary Medical Male Circumcision (VMMC)</li></ul>  |
| 2023 | <b>Department of Health</b> <ul style="list-style-type: none"><li>• 2023 ART Clinical Guidelines Update</li></ul>         |
| 2023 | <b>South African Department of Health</b> <ul style="list-style-type: none"><li>• Clinical Management of PrEP</li></ul>   |
| 2023 | <b>Global Health Training Centre</b> <ul style="list-style-type: none"><li>• ICH Good Clinical Practice E6 (R2)</li></ul> |
| 2022 | <b>Health Science Academy</b> <ul style="list-style-type: none"><li>• Dispensing Practitioner's Course</li></ul>          |
| 2022 | <b>AQuaH Training School</b> <ul style="list-style-type: none"><li>• NIMART</li></ul>                                     |

2021

**Sefako Makgatho Health Science University**

- COVID-19 Vaccination Training for Healthcare Workers

**WORK EXPERIENCE**

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2024/08/01 -  
*current*

**TB HIV CARE**

**Professional Nurse Counsellor**

- Collaborated with stakeholders to implement integrated sexual reproductive health programming.
- Referring high-risk clients and their indexes to social worker for psychosocial support.
- Coordinated HIV management programs, including PrEP, PEP, and ART.
- Conducted training and mentorship programs for healthcare professionals and reviewing updated medical guidelines.
- Delivered community-based health services, focusing on HIV management and sexual reproductive health to sex workers.
- Led quality assurance initiatives to enhance the efficiency of clinical procedures.
- Represented the organization at District and high-level stakeholder management meetings and workshops.

2023/10/01 –  
2024/07/31

**Witbank Tertiary hospital**

**Professional Nurse**

- Inserting nasogastric/oropharyngeal tubes, feeding, resuscitation, and nursing CPAP, High-Flow and Mechanically ventilated neonates.
- Monitoring and interpreting Arterial Blood Gases.
- Paediatric management of TB and HIV.

2021/09/01 –  
2023/09/31

**Thembisile Hani Subdistrict – Outreach and Thembaletu CHC**

**Professional nurse: Team leader**

- Support technical aspects of the Program, including TB Mortality Audits and Clinical Audits.
- Collaborate with Program and DOH staff for TB diagnostics and TPT Program.
- Supervise FAST & LF-LAM test implementations.
- Conduct training needs assessments and collaborate with health facility management teams.
- HIV/TB Case management:
  - Attending TB and HIV weekly data reviews, quarterly meetings and in-service trainings of updated guidelines.
  - Liaised with internal and NGOs to ensure efficient HIV/TB management according to the DOH updated guidelines.
  - Utilising TB and HIV data systems from TIER.Net, M&E tools and monitoring the capturing of data in the information system for weekly monitoring on ART and TPT initiation.
  - Screening and testing for TB, STIs, and HIV.
  - ART and TB treatment initiation using updated guidelines. Also promoting PMTCT in childbearing age women.

- Blood and specimen collection, testing, results review, referrals, and enrolling eligible patients on CCMDD system.
- Tracing lost-to-follow patients for adherence and re-initiation of TB and HIV treatment in collaboration with the outreach team.
- Providing appropriate health education, ensuring, implementing, and promoting PrEP, U=U, and 95-95-95 strategies.

2020/03/01 –  
2021/08/31

**Mankweng Tertiary Hospital  
Professional Nurse**

- Monitor feto-maternal wellbeing throughout pregnancy.
- Managing all stages of labour and providing pre-and post-operative care.
- Providing newborn assessment, immunisation, resuscitation when necessary, and providing prophylaxis on high risk and HIV exposed babies

## SKILLS

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- Clinical Management and Mentorship
- Integrated Sexual Reproductive Health Programming
- HIV Program Management
- Communication, interpersonal, planning and organisational skills
- Report writing, Presentation, Problem-Solving and Decision-making skills
- Computer Proficiency (MS Office)
- Data analysis and interpretation

## REFERENCES

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- **Ms F Sithole - TB HIV CARE**  
Professional Nurse Coordinator  
072 017 6887
- **Mr WJ Skosana - Thembisile Hani Sub-District: Thembaletu CHC**  
Clinical Nurse Practitioner  
013 954 7318 / 071 466 9609
- **Ms ZP Skosana - Witbank Tertiary Hospital**  
Professional Nurse  
072 205 7180
- **Ms NA Mapena - Mankweng Tertiary Hospital**  
Professional Nurse  
083 485 9933
- **Mr T Mahlangu - Thembisile Hani Sub-District**  
Professional Nurse – Supervisor  
013 947 3143 / 082 310 6005

