



# ZIKHONA THWALELA

## CURRICULUM VITAE

### PERSONAL INFORMATION

 083 472 1367 / 078 838 1144

 102 Mfelani Street, Extension 4, Mfuleni,  
7100

 zthwalela@gmail.com

 Driver's License: Code 10

### PROFILE

Dedicated and compassionate Social Worker with a Bachelor of Social Work degree and extensive experience in child protection, mental health awareness, and community development programs. Proficient in counseling, group facilitation, program implementation, and administrative duties. Strong expertise in empowering individuals and communities through education and therapeutic support. Adept at handling sensitive information, resolving conflicts, and collaborating with multidisciplinary teams to achieve impactful outcomes.

### EDUCATION

#### Walter Sisulu University

- Bachelor of Social Work (Registered with SACSSP)
- Completed: 2016

#### Ngwayibanjwa Senior Secondary School

- Grade 12 (Matric)

### SKILLS

- Counseling and Therapeutic Support
- Mental Health Assessment
- Case Management
- Program Development and Implementation
- Report Writing and Data Analysis
- Conflict Resolution
- Community Outreach and Education
- Advocacy and Mediation
- Time Management
- Leadership and Team Coordination
- Critical Thinking
- Problem-Solving
- Project Management
- Verbal and Written Communication
- Child and Family Support Services

### EXPERIENCE

#### Childline Western Cape – Social Worker (Mental Health Awareness Program)

Present

- Developed and implemented mental health awareness programs in schools.
- Provided therapeutic counseling to children and families.
- Conducted group sessions addressing mental health challenges.
- Created and executed career awareness programs.
- Maintained accurate administrative records and reports.
- Delivered online counseling services and organized PEI events.

#### Childline Western Cape – Social Worker (Child Witness Project)

Present

- Provided counseling to children involved in court cases.
- Organized prevention and early intervention programs.
- Supported families and prepared children for court testimonies.

#### Bambanani for Social Development – Social Worker

September 2021 – June 2022

- Conducted counseling sessions with children and families.
- Delivered educational life skills programs at schools.
- Organized parenting and behavioral management workshops.
- Coached unemployed youth on job readiness skills.

## DECLARATION

I hereby declare that the above information is true and correct to the best of my knowledge and belief.

*Zikhona Thwalela*

### **Department of Health (Delft CHC) – Social Work Intern**

September 2020 – September 2021

- Conducted mental health assessments and counseling.
- Assisted palliative care patients and facilitated referrals.
- Provided support for substance abuse and trauma cases.

### **CINDI – Children in Distress – Social Worker**

January 2017 – September 2019

- Offered therapeutic counseling and support for health-related issues.
- Facilitated trauma and grief counseling sessions.
- Managed independent client cases and organized support groups.

### **Department of Social Development and Special Programs – Social Work Trainee**

January 2016 – June 2016

- Delivered education on abuse prevention and family counseling.
- Established community development programs.
- Conducted home visits and maintained client records.

## REFERENCES

### **Mrs. P. Magadula**

Coordinator, Mental Health Program – Childline  
Western Cape  
Contact: 084 574 3302

### **Mrs. J. Turner**

CWP Manager – Childline Western Cape  
Contact: 083 951 2147

### **Mrs. M. Davids**

Social Worker Supervisor – Department of  
Health (Delft CHC)  
Contact: 072 142 3234

### **Mrs. O. Tintwa**

Supervisor – CINDI  
Contact: 072 083 4894 / 073 763 2639